



Welcome to CSPMA where you can kick your addiction for good
Sex, Porn and Masturbation Addiction

Online Course | Affordable | CSPMA.ORG

If you can identify your strengths and use them when working, you will have more success. You will feel empowered and will be able to accomplish your professional goals with ease. But to use your strengths effectively you need to be able to identify what they are. Use this chart below to identify some of your strengths. Circle your top 5.

Adventureness	Ambition	Love of Learning	Social Awareness	Open mindedness	Leadership
Assertiveness	Independence	Modesty	Artistic Ability	Curiosity	Eagerness
Creativity	Athleticism	Intelligence	Humor	Common Sense	Fairness
Gratitude	Optimism	Spirituality	Self-Control	Bravery	Enthusiasm
Flexibility	Logic	Patience	Cooperation	Kindness	Empathy
Discipline	Confidence	Forgiveness	Love	Honesty	Wisdom

List the strengths that will help you navigate professional relationships:

Describe a specific time your strengths were able to help you in a professional setting:

Describe two new ways your strengths could help you professionally:

1.

2.